



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Liebram, Alexander

Club: Nordhausen
Number: 565

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:08:12

Speed: 8.45 km/h
Running performance: 7:06 min/km

Rank in course/Total: 184 (of 550)

Rank in course/Men: 161 (of 376)

Best time in course: 43:28

Rank in category: 37(of 94)

Best time in the category: 43:28