



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Oertel, Stefan

Club: Rudolstadt
Number: 450

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:07:46

Speed: 7.97 km/h
Running performance: 7:04 min/km

Rank in course/Total: 175 (of 550)

Rank in course/Men: 155 (of 376)

Best time in course: 43:28

Rank in category: 23(of 59)

Best time in the category: 54:10