



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Wiegand, Heike

Club: Laufgruppe Atemnot
Number: 46

Course: 9.60 km
Sprint

Category:
Frauen (20-29 Jahre)

Total time: 1:12:54

Speed: 7.41 km/h
Running performance: 7:35 min/km

Rank in course/Total: 259 (of 550)

Rank in course/Women: 44 (of 174)

Best time in course: 53:53

Rank in category: 10(of 53)

Best time in the category: 59:48