



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Maus, Manuel

Club: 500gr Gehacktes
Number: 304

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:12:15

Speed: 7.47 km/h
Running performance: 7:32 min/km

Rank in course/Total: 252 (of 550)

Rank in course/Men: 210 (of 376)

Best time in course: 43:28

Rank in category: 49(of 94)

Best time in the category: 43:28