



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Geßner, Helene**

Club: LTV Erfurt Juniorteam  
Number: 112

Course: 9.60 km  
Sprint

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 1:11:16

Speed: 7.58 km/h  
Running performance: 7:25 min/km

Rank in course/Total: 233 (of 550)

Rank in course/Women: 38 (of 174)

Best time in course: 53:53

Rank in category: 2(of 8)

Best time in the category: 1:08:48