



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Montag, Adrian

Number: 605

Course: 9.60 km

Sprint

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 1:11:17

Speed: 8.08 km/h

Running performance: 7:26 min/km

Rank in course/Total: 236 (of 550)

Rank in course/Men: 196 (of 376)

Best time in course: 43:28

Rank in category: 8(of 11)

Best time in the category: 48:54