



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Strobel, Daniel

Club: Pulsmonster
Number: 93

Course: 9.60 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:11:33

Speed: 7.55 km/h
Running performance: 7:27 min/km

Rank in course/Total: 243 (of 550)

Rank in course/Men: 201 (of 376)

Best time in course: 43:28

Rank in category: 30(of 57)

Best time in the category: 49:42