



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Maus, Christian**

Club: 500gr Gehacktes  
Number: 307

Course: 9.60 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 1:12:15

Speed: 7.97 km/h  
Running performance: 7:32 min/km

Rank in course/Total: 253 (of 550)

Rank in course/Men: 210 (of 376)

Best time in course: 43:28

Rank in category: 49(of 94)

Best time in the category: 43:28