



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Rössner, Michael

Club: 5 gewinnt
Number: 343

Course: 9.60 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:11:21

Speed: 7.57 km/h
Running performance: 7:26 min/km

Rank in course/Total: 241 (of 550)

Rank in course/Men: 199 (of 376)

Best time in course: 43:28

Rank in category: 40(of 74)

Best time in the category: 50:49