



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kinde, Sabine

Number: 604

Course: 9.60 km

Sprint

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:11:17

Speed: 7.58 km/h

Running performance: 7:26 min/km

Rank in course/Total: 237 (of 550)

Rank in course/Women: 41 (of 174)

Best time in course: 53:53

Rank in category: 8(of 20)

Best time in the category: 1:02:43