



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Weidemann, Kai

Club: Strausfurt
Number: 170

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:11:17

Speed: 8.08 km/h
Running performance: 7:26 min/km

Rank in course/Total: 238 (of 550)

Rank in course/Men: 196 (of 376)

Best time in course: 43:28

Rank in category: 29(of 59)

Best time in the category: 54:10