



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Gießmann, Sophie

Club: LTV Erfurt Juniorteam
Number: 104

Course: 9.60 km
Sprint

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 1:11:16

Speed: 7.58 km/h
Running performance: 7:25 min/km

Rank in course/Total: 235 (of 550)

Rank in course/Women: 38 (of 174)

Best time in course: 53:53

Rank in category: 2(of 5)

Best time in the category: 1:10:31