



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Seeboth, Hans

Club: proud athlets
Number: 249

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:09:24

Speed: 8.30 km/h
Running performance: 7:14 min/km

Rank in course/Total: 206 (of 550)

Rank in course/Men: 175 (of 376)

Best time in course: 43:28

Rank in category: 40(of 94)

Best time in the category: 43:28