



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Morgenweck, Monika

Club: Überholen ohne Einzuholen
Number: 577

Course: 9.60 km
Sprint

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:08:43

Speed: 8.38 km/h
Running performance: 7:10 min/km

Rank in course/Total: 192 (of 550)

Rank in course/Women: 27 (of 174)

Best time in course: 53:53

Rank in category: 5(of 34)

Best time in the category: 1:01:43