



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Müller, Ronny

Club: THORWART

Number: 1395

Course: 17.60 km

Expert

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:37:09

Speed: 10.87 km/h

Running performance: 5:31 min/km

Rank in course/Total: 35 (of 528)

Rank in course/Men: 33 (of 449)

Best time in course: 1:17:47

Rank in category: 9(of 101)

Best time in the category: 1:23:03