



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Goj, Daniel

Club: Sportlerschmiede-HalbeLunge-Ilmenau
Number: 51

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:10:34

Speed: 7.65 km/h
Running performance: 7:21 min/km

Rank in course/Total: 224 (of 550)

Rank in course/Men: 189 (of 376)

Best time in course: 43:28

Rank in category: 45(of 94)

Best time in the category: 43:28