



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Morawitz, Jens

Number: 620

Course: 9.60 km

Sprint

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:09:36

Speed: 8.28 km/h

Running performance: 7:15 min/km

Rank in course/Total: 207 (of 550)

Rank in course/Men: 176 (of 376)

Best time in course: 43:28

Rank in category: 8(of 17)

Best time in the category: 48:54