



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

schlömer, hanne

Club: köln

Number: 556

Course: 9.60 km

Sprint

Category:

Frauen (20-29 Jahre)

Total time: 1:12:24

Speed: 7.96 km/h

Running performance: 7:32 min/km

Rank in course/Total: 256 (of 550)

Rank in course/Women: 43 (of 174)

Best time in course: 53:53

Rank in category: 9(of 53)

Best time in the category: 59:48