



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Hermann, David

Club: Hooman Runners
Number: 339

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:09:37

Speed: 7.76 km/h
Running performance: 7:15 min/km

Rank in course/Total: 210 (of 550)

Rank in course/Men: 178 (of 376)

Best time in course: 43:28

Rank in category: 41(of 94)

Best time in the category: 43:28