



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Anders, Enrico

Club: X/Dirty Runners Bad Tennstedt
Number: 448

Course: 9.60 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:08:23

Speed: 7.90 km/h
Running performance: 7:07 min/km

Rank in course/Total: 187 (of 550)

Rank in course/Men: 163 (of 376)

Best time in course: 43:28

Rank in category: 26(of 57)

Best time in the category: 49:42