



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Schmidt, Alex

Club: Laufftreff Salomé
Number: 1014

Course: 17.60 km
Expert

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:41:16

Speed: 10.43 km/h
Running performance: 5:45 min/km

Rank in course/Total: 48 (of 528)

Rank in course/Men: 45 (of 449)

Best time in course: 1:17:47

Rank in category: 12(of 101)

Best time in the category: 1:23:03