



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Bock, Andreas

Club: Bad Salzungen
Number: 1447

Course: 17.60 km
Expert

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:43:59

Speed: 10.16 km/h
Running performance: 5:55 min/km

Rank in course/Total: 73 (of 528)

Rank in course/Men: 69 (of 449)

Best time in course: 1:17:47

Rank in category: 4(of 28)

Best time in the category: 1:24:41