



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Bock, Andreas**

Club: Bad Salzungen  
Number: 1447

Course: 17.60 km  
Expert

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:43:59

Speed: 9.81 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 73 (of 528)

Rank in course/Men: 69 (of 449)

Best time in course: 1:17:47

Rank in category: 4(of 28)

Best time in the category: 1:24:41