



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Zorn, Henry

Club: Outdoor Bodymovement
Number: 1277

Course: 17.60 km

Expert

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:41:57

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 52 (of 528)

Rank in course/Men: 49 (of 449)

Best time in course: 1:17:47

Rank in category: 6(of 55)

Best time in the category: 1:23:41