



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Dornieden, Marc**

Club: HELBING

Number: 1407

Course: 17.60 km

Expert

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:43:46

Speed: 9.83 km/h

Running performance: 5:54 min/km

Rank in course/Total: 70 (of 528)

Rank in course/Men: 66 (of 449)

Best time in course: 1:17:47

Rank in category: 9(of 55)

Best time in the category: 1:23:41