



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Födisch, Eric

Club: Trial and error  
Number: 139

Course: 9.60 km  
Sprint

Category:  
Männer (20-29 Jahre)

Total time: 1:15:50

Speed: 7.12 km/h  
Running performance: 7:54 min/km

Rank in course/Total: 304 (of 550)

Rank in course/Men: 252 (of 376)

Best time in course: 43:28

Rank in category: 60(of 94)

Best time in the category: 43:28