



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Abraham, Daniel

Club: sc impuls erfurt
Number: 1047

Course: 17.60 km
Expert

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:23:41

Speed: 12.19 km/h
Running performance: 4:45 min/km

Rank in course/Total: 8 (of 528)

Rank in course/Men: 8 (of 449)

Best time in course: 1:17:47

Rank in category: 1(of 55)

Best time in the category: 1:23:41