



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Bätzholdt, Steffen

Club: Faschinger of Cross
Number: 192

Course: 9.60 km
Sprint

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:14:24

Speed: 7.26 km/h
Running performance: 7:45 min/km

Rank in course/Total: 284 (of 550)

Rank in course/Men: 237 (of 376)

Best time in course: 43:28

Rank in category: 36(of 57)

Best time in the category: 49:42