



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Klupsch, Achim**

Club: Laufen gegen Leiden  
Number: 586

Course: 9.60 km  
Sprint

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:13:50

Speed: 7.80 km/h  
Running performance: 7:41 min/km

Rank in course/Total: 270 (of 550)

Rank in course/Men: 225 (of 376)

Best time in course: 43:28

Rank in category: 2(of 3)

Best time in the category: 1:02:20