



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Klupsch, Achim

Club: Laufen gegen Leiden
Number: 586

Course: 9.60 km
Sprint

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:13:50

Speed: 7.31 km/h
Running performance: 7:41 min/km

Rank in course/Total: 270 (of 550)

Rank in course/Men: 225 (of 376)

Best time in course: 43:28

Rank in category: 2(of 3)

Best time in the category: 1:02:20