



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Krause, Christian

Club: Lords of Burggraben
Number: 291

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:15:11

Speed: 7.18 km/h
Running performance: 7:50 min/km

Rank in course/Total: 289 (of 550)

Rank in course/Men: 240 (of 376)

Best time in course: 43:28

Rank in category: 56(of 94)

Best time in the category: 43:28