



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Schill, Daniel

Club: 500gr Gehacktes
Number: 303

Course: 9.60 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:14:03

Speed: 7.29 km/h
Running performance: 7:43 min/km

Rank in course/Total: 274 (of 550)

Rank in course/Men: 228 (of 376)

Best time in course: 43:28

Rank in category: 46(of 74)

Best time in the category: 50:49