



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Güntzel, Wieland

Club: Themar
Number: 20

Course: 9.60 km
Sprint

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:18:37

Speed: 6.87 km/h
Running performance: 8:11 min/km

Rank in course/Total: 334 (of 550)

Rank in course/Men: 272 (of 376)

Best time in course: 43:28

Rank in category: 3(of 3)

Best time in the category: 1:02:20