



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kolax, Andrea

Club: Überholen ohne Einzuholen
Number: 584

Course: 9.60 km
Sprint

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 53:53

Speed: 10.02 km/h
Running performance: 5:37 min/km

Rank in course/Total: 18 (of 550)

Rank in course/Women: 1 (of 174)

Best time in course: 53:53

Rank in category: 1(of 8)

Best time in the category: 53:53