



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Anders, Christiane

Club: Erfurt
Number: 437

Course: 9.60 km
Sprint

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:19:18

Speed: 6.81 km/h
Running performance: 8:16 min/km

Rank in course/Total: 343 (of 550)

Rank in course/Women: 68 (of 174)

Best time in course: 53:53

Rank in category: 7(of 8)

Best time in the category: 53:53