



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Schaupp, Ullrich**

Club: Cool Runnings  
Number: 454

Course: 9.60 km  
Sprint

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:18:35

Speed: 6.87 km/h  
Running performance: 8:11 min/km

Rank in course/Total: 331 (of 550)

Rank in course/Men: 269 (of 376)

Best time in course: 43:28

Rank in category: 27(of 30)

Best time in the category: 55:00