



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Sagi, Esther

Club: Georgenthal
Number: 148

Course: 9.60 km
Sprint

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:19:42

Speed: 7.23 km/h
Running performance: 8:18 min/km

Rank in course/Total: 350 (of 550)

Rank in course/Women: 71 (of 174)

Best time in course: 53:53

Rank in category: 11(of 34)

Best time in the category: 1:01:43