



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Sommer, Alois

Club: HELBING

Number: 1406

Course: 17.60 km

Expert

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:45:42

Speed: 9.65 km/h

Running performance: 6:01 min/km

Rank in course/Total: 85 (of 528)

Rank in course/Men: 82 (of 449)

Best time in course: 1:17:47

Rank in category: 6(of 28)

Best time in the category: 1:24:41