



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Schneider, Frank**

Club: Mühlhausen  
Number: 1473

Course: 17.60 km  
Expert

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:47:26

Speed: 9.49 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 99 (of 528)

Rank in course/Men: 96 (of 449)

Best time in course: 1:17:47

Rank in category: 27(of 101)

Best time in the category: 1:23:03