



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Hesse, Christine

Club: HELBING

Number: 405

Course: 9.60 km

Sprint

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:18:50

Speed: 7.31 km/h

Running performance: 8:13 min/km

Rank in course/Total: 339 (of 550)

Rank in course/Women: 65 (of 174)

Best time in course: 53:53

Rank in category: 2(of 4)

Best time in the category: 1:04:51