



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Wysocki, Nicole

Club: RUNNING wySOCKi
Number: 220

Course: 9.60 km
Sprint

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:21:33

Speed: 7.06 km/h
Running performance: 8:29 min/km

Rank in course/Total: 367 (of 550)

Rank in course/Women: 79 (of 174)

Best time in course: 53:53

Rank in category: 14(of 30)

Best time in the category: 1:04:32