



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Müller, Steve

Club: Lauf-Masche
Number: 320

Course: 9.60 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:20:03

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 354 (of 550)

Rank in course/Men: 282 (of 376)

Best time in course: 43:28

Rank in category: 53(of 74)

Best time in the category: 50:49