



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Köhler, Mario

Club: Orthopädieschuhtechnik Tasch
Number: 500

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:09:43

Speed: 7.75 km/h
Running performance: 7:16 min/km

Rank in course/Total: 214 (of 550)

Rank in course/Men: 181 (of 376)

Best time in course: 43:28

Rank in category: 27(of 59)

Best time in the category: 54:10