



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

Hochheim, Sascha

Club: Freilauf  
Number: 1360

Course: 17.60 km  
Expert

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:45:34

Speed: 9.66 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 83 (of 528)

Rank in course/Men: 79 (of 449)

Best time in course: 1:17:47

Rank in category: 14(of 97)

Best time in the category: 1:19:26