



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Frank, Michelle

Club: V&M Herrgesell Laufteam
Number: 178

Course: 9.60 km
Sprint

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 1:24:02

Speed: 6.85 km/h
Running performance: 8:45 min/km

Rank in course/Total: 409 (of 550)
Rank in course/Women: 98 (of 174)
Best time in course: 53:53

Rank in category: 6(of 8)
Best time in the category: 1:08:48