



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Jennert, Norman

Club: HELBING

Number: 418

Course: 9.60 km

Sprint

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:24:39

Speed: 6.38 km/h

Running performance: 8:49 min/km

Rank in course/Total: 414 (of 550)

Rank in course/Men: 314 (of 376)

Best time in course: 43:28

Rank in category: 51(of 57)

Best time in the category: 49:42