



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Wittmer, André

Club: Lauffreunde Schmira
Number: 330

Course: 9.60 km
Sprint

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:23:15

Speed: 6.49 km/h
Running performance: 8:40 min/km

Rank in course/Total: 398 (of 550)

Rank in course/Men: 306 (of 376)

Best time in course: 43:28

Rank in category: 47(of 59)

Best time in the category: 54:10