



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Herrmann, Uwe

Club: HELBING

Number: 1409

Course: 17.60 km

Expert

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:49:34

Speed: 9.31 km/h

Running performance: 6:14 min/km

Rank in course/Total: 116 (of 528)

Rank in course/Men: 112 (of 449)

Best time in course: 1:17:47

Rank in category: 19(of 55)

Best time in the category: 1:23:41