



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Hof, Nik

Club: Logistikkommando der Bundeswehr
Number: 515

Course: 9.60 km
Sprint

Category:
Männer (20-29 Jahre)

Total time: 1:22:28

Speed: 6.55 km/h
Running performance: 8:35 min/km

Rank in course/Total: 379 (of 550)

Rank in course/Men: 296 (of 376)

Best time in course: 43:28

Rank in category: 66(of 94)

Best time in the category: 43:28