



Helbing King of Cross  
Mühlberg / 30.10.2016

## Detailed evaluation

**Winkler, Sebastian**

Club: THE PURE NATURE CLAN  
Number: 456

Course: 9.60 km  
Sprint

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:23:03

Speed: 6.50 km/h  
Running performance: 8:39 min/km

Rank in course/Total: 397 (of 550)

Rank in course/Men: 305 (of 376)

Best time in course: 43:28

Rank in category: 49(of 57)

Best time in the category: 49:42