



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Tiepold, Julia

Club: proud athletes
Number: 245

Course: 9.60 km
Sprint

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:22:55

Speed: 6.95 km/h
Running performance: 8:38 min/km

Rank in course/Total: 395 (of 550)

Rank in course/Women: 90 (of 174)

Best time in course: 53:53

Rank in category: 17(of 34)

Best time in the category: 1:01:43