



Helbing King of Cross
Mühlberg / 30.10.2016

Detailed evaluation

Kette, Frank

Club: Team-Machine
Number: 76

Course: 9.60 km
Sprint

Category:
Senioren M30 (30-34 Jahre)

Total time: 58:04

Speed: 9.30 km/h
Running performance: 6:03 min/km

Rank in course/Total: 41 (of 550)

Rank in course/Men: 40 (of 376)

Best time in course: 43:28

Rank in category: 7(of 74)

Best time in the category: 50:49